



CANADIAN MASTERS CROSS-COUNTRY SKI ASSOCIATION
L'ASSOCIATION CANADIENNE DES MAÎTRES EN SKI DE FOND



Newsletter Springs 2008

The 2007-2008 season is nearing its end, despite the fact that there is enough snow in parts of our country to practice the sport up to the end of April. Again this year, ski areas will close not because of a lack of snow but because of a lack of skiers. But since our season started early in the autumn and lasted without interruption in most of the provinces, we should not complain. These good conditions permitted our skiers to get a good preparation for the World cup in McCall Idaho, as you will see later on in this letter and the excellent results of the Canadian delegation in this event.

As far as the province of Quebec is concerned, we will have a record snowfall year; at the end of March, it is still snowing almost continuously. In the suburbs, houses are disappearing behind 10 to 12 feet snow banks. As you can probably follow in the news, roofs are caving in and some people even lost their lives in such accidents. In the Montreal area, 200 schools had to close for 4 days, just to get the roofs cleared of the accumulated snow. For those who are worried about the disappearance of our sports due to global warming, it does not seem to be for this year...

Most of us will appreciate their rest period (forced due to snow...) et recuperation before getting out sneakers, bikes, kayaks, roller skis and getting prepared and trained for next season on dry ground.

MWC 2008 McCall USA

We can surely affirm that the 2008 World cup was a success story. Tracks were of great quality and corresponded to the standards of the World association in terms of difficulties and profiles. As for the waxing conditions for the classic style, the great alchemists of the moments were dumbfounded; in fact, temperatures were quite cold during the night and climbed back well over 0 C during the day with fresh snow.

Canada came to McCall with a strong delegation of 104 men and 52 women and obtained excellent results with 41 medals, not counting the relay medals as posted on the official McCall Web site. After looking at the results a couple of times, I could only find 40 medals. Where is the mistake? Here is the list of the 52 athletes (including relays) who climbed the podium.

Performance des Canadiens à la coupe du monde M^cCall 2008

| Prénom | Nom | Catégorie | Médaille | Distance (km) |
|---|--------------|------------------|-----------------|----------------------|
| 30-15-10 km classique samedi le 1 mars | | | | |
| Doug | Godwer | M-05 | OR | 30 |
| Jean-Yves | Babin | M-09 | BR | 15 |
| Allan | Fisher | M-10 | BR | 10 |
| Ladislav | Branda | M-11 | AR | 10 |
| Alois | Maier | M-11 | BR | 10 |
| Rolland | Michaud | M-12 | BR | 10 |
| Marcia | Migay | F-01 | OR | 15 |
| Caroline | Ang | F-01 | AR | 15 |
| Shelly | Laurence | F-01 | BR | 15 |
| Judy | Buchanan | F-06 | BR | 15 |
| Duchane | Richard | F-07 | BR | 15 |
| 30-15-10-km style libre dimanche le 2 mars | | | | |
| Steve | Cyr | M-03 | AR | 30 |
| Paul | Tolomiczenko | M-03 | BR | 30 |
| Muffy | Roy | F-04 | AR | 15 |
| Sarah | Manning | F-06 | AR | 15 |
| Alena | Branda | F-09 | OR | 10 |
| 10-5 km classique lundi le 3 mars | | | | |
| Doug | Gudwer | M-05 | AR | 10 |
| Jean-Yves | Babin | M-09 | OR | 10 |
| Alois | Maier | M-11 | OR | 5 |
| Ladislav | Branda | M-11 | BR | 5 |
| Rolland | Michaud | M-12 | BR | 5 |
| Shelly | Laurence | F-01 | OR | 10 |
| 10-5 km style libre lundi le 3 mars | | | | |
| Marcia | Migay | F-01 | AR | 10 |
| Katja | Mathys | F-02 | BR | 10 |
| Michelle | Wolfe | F-03 | BR | 10 |
| Nancy | Burden | F-04 | OR | 10 |
| Maria | Hawkins | F-04 | AR | 10 |
| Suzel | Donitz | F-08 | BR | 10 |
| Alena | Branda | F-09 | OR | 5 |

Relais mercredi le 5 mars

| | | | |
|---------|--------------|------|----|
| Yan | Crosthwaite | M-01 | AR |
| Adain | Elliot | | |
| Jonas | Sandstrom | | |
| Nathan | Underwood | | |
| Nancy | Burden | F-02 | BR |
| Maria | Hawkins | | |
| Louise | Martineau | | |
| Barbara | Turner | | |
| Diane | Bouchard | F-03 | BR |
| Judy | Buchanan | | |
| Delia | Christianson | | |

| Prénom | Nom | Catégorie | Médaille | Distance (km) |
|---------------------------------------|----------|-----------|----------|---------------|
| Windy | Grater | | | |
| 45-30-15 km classique 6 mars | | | | |
| Doug | Godwer | M-05 | BR | 45 |
| Alois | Maier | M-11 | AR | 15 |
| Ladislav | Branda | M-11 | BR | 15 |
| Rolland | Michaud | M-12 | AR | 15 |
| Marcia | Migay | F-01 | OR | 30 |
| Shelly | Laurence | F-01 | BR | 30 |
| Caroline | Ang | F-01 | BR | 30 |
| 45-30-15 km style libre 7 mars | | | | |
| Steve | Cyr | M-03 | BR | 45 |
| Allan | Fisher | M-10 | BR | 15 |
| Nancy | Burden | F-04 | BR | 30 |
| Alena | Branda | F-09 | OR | 15 |

As for the organization of this championship, everything went like a well-oiled machine, except for a couple of details. General ambiance was relaxed and contrasted with the last races organized in Europe, where everything seemed too perfect. Both these situations had its advantages and inconveniences. Take for example the fact that tracks were accessible to the spectators who could follow the races to the side of the tracks during the races and cheer the racers; such a situation would not be permitted in Europe. Small problems occurred due to that relaxed state of mind but were rapidly addressed by the organizing committee.

As long as an organizing committee is flexible and efficient in managing such a championship, this seems to be the way to go. I have to mention the kindness, the good humor and the patience of the volunteers that went all the way to satisfy the most demanding participants.

All the results and information are available on the committee site : <http://www.mwc2008.com/>

Maureen Bets took many pictures that she wishes to share with all the Canadian athletes who were in McCall. I encourage you to go and look at the pictures at www.flickr.com/photos/moskier/

Canadian championships 2008

As mentioned in the last winter 2008 newsletter, the Canadian championships were held during the same period as the World championship in McCall. The first three Canadians of each categories in the two styles (classic and skate) were awarded a medal for the 2 firsts races. It was settled that no medals were given for the last race because of problems and costs related to that situation.

The event organized for the medal ceremony and the relays organization were a success, and almost all the Canadians participating in McCall were present. Almost 200 medals were given at that occasion. My thanks are going to the volunteers Jack White and Peter Donitz for the medal ceremony, Bruce Legrew and Wendy Grater that registered the racers for the relays. Special thanks to Dirk Templaman-Kluit who got the medals from the manufacturers, thus keeping my luggages without cost overweight from the airlines. The medal weight was between 30 and 40 pounds; less cost for our association. Finally, RogerLevesque sold 240\$ worth of raffle tickets during this reunion. Thanks Roger.

Canadian championships 2009

The Canadian championships will be held in North Bay Ontario. All the details will be available in the autumn newsletter.

General assembly of the Cross country Canadian masters association in McCall.

The best way to give you the information about this section is to give you the following summary:

AGM, Canadian Masters Cross Country Ski Association 4 March 2008 4pm; McCall Golf Club House Minutes of meeting

Executive members present in person

Jean Yves Babin (Chair), Peter Donitz (Alta), Russ Evans, Wendy Grater (Ont), Roger Levesque (NB), Duchane Richard (YT), Bruce Le Grow (NF), Robin Butler (Sask), Dirk Tempelman-Kluit (BC)

General membership present

Jack White, Emmanuelle Gunter, Bruce Nevison, Susel Donitz, Dave Rees, Jean Bristow, Colin Gray, Joe Kryger, Frank Mc Namara, John Reeves, others?

1,2. The chair called the meeting to order at 4 pm. Tempelman-Kluit volunteered to take

minutes of the meeting. Those present around the table and general members in the audience introduced themselves.

3. The proposed agenda (below) was accepted. (Moved Levesque, seconded Evans)

1- Call to order

2- Introduction

3- Acceptance of agenda

4- Minutes of previous meeting

5- Financial report

6- Provincial reports

7- Membership situation in each province

8- New racing suit (up date)

9- New website (up date)

10- MWC 2011 in Canada (up date)

11- Nationals 2009 Ontario

12- Elections

13- Others items

14- Adjournment

4. Minutes of previous meeting

Minutes of last year's AGM had been distributed by email before the meeting, were perused by those present at the meeting and accepted as presented (Moved Le Grow, seconded Grater)

5. Financial report

The interim financial report for MCC was read by Babin. For the year March 2007-May 2008 beginning balance was \$10,175.90, revenue is about \$8,533.00 and expenditures

will be about \$9,750.00 leaving a closing balance near \$8,958.00. As in previous years It

was pointed out that at this rate of revenue generation and spending MCC will eventually going broke.

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Given their cost there was a discussion about eliminating medals at Canadian Nationals

in favour of some less expensive way of giving recognition (e.g. give photographs of the

winners on the podium or crossing the finish line).

ACTION- Provincial directors are to poll members about this issue by email and communicate results to National Director. The question to ask might be worded "in

view of the cost of medals (about \$9.00 each) do you feel that medals should continue

to be given out Canadian National Championships to the top three in each age category"

6. Provincial reports

Reports of provincial directors were read and briefly discussed. Alberta report presented

by Donitz, BC report by Tempelman-Kluit, Ontario report by Evans and Grater, Newfoundland report by Legrow, New Brunswick report by Levesque and Quebec

report by Babin.

7. Membership situation in each province

Although membership is not rising rapidly there are some hopeful signs in membership numbers seen this year in Ontario. Alberta and BC both had fair membership numbers again this year. Last year this was because Canadian Championships in Rossland swelled

numbers above normal and this year membership was swollen by the McCall World Championships.

Reasons for Quebec's membership success were cited. Quebec offers a fall training camp, they do not focus on racing only but cater to those who do not want to race and they have a points system tied to their races in which members earn points for overall ranking over the year.

ACTION- Provincial Chairs interested to find out how to implement point system to email Babin who will respond with a contact to the person who does this for Quebec.

8. New racing suit (up date)

The subject of whether we need a new racing suit was raised again as at last year's meeting. General interest was expressed in having a new racing top available for 2009-2010 season. It would be modelled on the lines of the previous racing top with "Canadian

Masters" on the sleeves and nothing too busy on the front or back which would be covered by bibs anyway. The competitor would wear this top with black generic tights as

the Canadian uniform.

ACTION-Grater to contact Louis Garneau to obtain a quote, minimum order size etc. for racing tops modelled on the current version and to communicate response to

National Director for decision and action.

9. New website (up date)

Babin noted that the new MCC website is up and running and its birth was announced in

the last newsletter. Directors are asked to visit the site and communicate views and suggestions to National Director.

It was suggested that membership renewal could be simplified by allowing members to renew on the website.

ACTION- Percival to investigate whether MCC could arrange membership renewals through Zone 4. Also how it might work and what it would cost. She will

communicate findings to National Director.

10. MWC 2011 in Canada (up date)

Presentation by Dave Rees on the Canmore bid to host WM 2011 followed by presentation by Scott Lemon to host WM 2011 at Sovereign Lake Vernon.

Babin noted that Dieter Heckman is to visit Sovereign Lake and Canmore immediately after WM McCall to see each site and to speak with organizers. Babin will communicate

Heckman's opinions about each site to Provincial Directors. Directors will vote on the venue to host WM 2011 by end March.

11. Nationals 2009 Ontario

Grater presented a summary of the 2009 Canadian National Championship bid by North

Bay Ontario. MCC accepted the North Bay bid with thanks to the organizing committee. MCC reserves the right to discuss the format of races in the championship with North Bay organizers and to decide on this by April 15, 2008.

12. Elections

Bruce Le Grow was nominated and acclaimed as new National Director for MCC.

Bruce Le Grow summarized his long service to cross country skiing in Canada and his connections with CCC and the provincial organizations. He aims to use his connections with CCC to forge closer links between MCC and CCC. The idea would be to gain

strength through united effort with CCC on some fronts. He said he would keep the board in the loop of what was going on and to expect much more email communication from him on matters concerning MCC.

Evans spoke of the strong leadership Jean-Yves Babin had given MCC over his two terms as National Director over the last four years and thanked Babin on behalf of those

present. Those present at the meeting joined Evans in thanking the retiring National Director.

The meeting adjourned at 5:30 pm following a motion by Russ Evans to this effect.

Documents available before and/or tabled at the meeting

Proposed meeting agenda

Provincial reports from BC, Alberta

Interim financial report from National Director

Membership numbers table all provinces

World cup Autran France 2009 (29th jan. – 6 feb.)

. As published before, the 2009 World Cup will be held in Autrans, France 2009. Autrans (1050 m.) is situated in the French Alps, in the heart of the natural Vercors park. That park is the home of one of the most beautiful Nordic skiable domain in France. The French world champion leader in Nordic skiing Vincent Vittoz has adopted the Vercors and has chosen Autrans for his training.

I am informing you again that I reserved for the Canadian skiers the La Prairie hotel, with a lodging possibility of 40 persons, 5 minutes in bus from the venue. The organizing committee will also organized buses between the hotel and the competition site. Don't delay your reservations if you want to stay together with other Canadian skiers, which is very interesting specially following the 2007 Ronaniemi Finland 2007 experience.

Here are the details :

Tel : 04 76 95 22 55

Fax : 04 76 95 20 59

E mail : prairievercors@wanadoo.fr

Site internet: www.prairievercors.com

All the information is available on the web site: <http://wma.autrans-sports.com/>

World Cup Falun 2010

Concerning Falun Sweden 2010, all the details will be available in the future newsletter.

World Cup 2011

Chances are very good that the 2011 World cup be held in Canada. As mentioned in last winter newsletter, two applications were proposed for that event, Canmore and Sovereign Lake. Right after the World Cup, Dieter Hackman, honorary president of the world association, Lisa Hackman, treasurer and myself went to visit the two proposed sites.

The two sites met the standards and requirements of the world association. Since a decision had to be made and after a discussion with the provincial directors, it was decided to present the candidacy of Sovereign Lake at the meeting of the world association in Falun Sweden next autumn. The validation of the candidacy will be done at the same time. Sovereign Lake is situated in the Okanagan Valley in British Columbia. At 1600 meters, snow is abundant every year.

Ski draw

The ski draw has generated 580 \$ this year. The draw was made at the medal ceremony in McCall. The winner is Paul Tolomisenko, from Bolton, Ontario; he won a pair of Fisher Carbon Lite that will be sent to him in the near future. Congratulations to Paul.

Web site

A reminder that the Internet web site of the Canadian masters is now operational and will be kept up to date regularly. The address is <http://www.canadian-masters-xc-ski.ca>

Changing of the guard

This newsletter will be my last one. At the annual meeting of the association I have not asked for a new mandate. Consequently, Bruce LeGrow was elected national director with a 2-year mandate. I wish him the best of luck and am convinced he will do a wonderful job. As for me, I had lots of fun and satisfaction in doing so for the last 4 years. I want to thank all the provincial directors for the excellent support they gave me during those 4 years. All files should be transferred to Bruce by the beginning of June. You can join him at bruce.legrow@nf.sympatico.ca

Hoping to see you in the near future.

Jean-Yves Babin